



SOMEN SALAD STUFFED ABURAGE

INGREDIENTS:

3 pkg or 48 pc aburage

1 pkg-8oz somen noodles
(cooked, drained, & cooled)

2-6oz blocks kamaboko (sliced)

8oz green ocean salad

6oz Tropics Oriental

Dressing (½ of 12oz bottle)

DIRECTIONS:

1. Mix together somen, kamaboko, green ocean salad, and oriental dressing.
2. Squeeze excess moisture out of aburage and fill with somen mixture.
3. Chill and serve. Makes approximately 48 salad cones.

Can also be eaten as a salad without the aburage

