



BROCCOLI & CAULIFLOWER SALAD

INGREDIENTS:

- 1 lb. broccoli, cut into pieces
- 1 lb. cauliflower, cut into pieces
- ½ lb. imitation crab, shredded
- ½ block kamaboko, sliced thinly
- ½ tsp salt
- ¼ tsp pepper
- ¾ c. - 1 c. mayonnaise



DIRECTIONS:

1. Parboil broccoli and cauliflower without losing its crispness (a few minutes).
2. Mix all ingredients together in a large bowl.
3. Chill thoroughly before serving.

