TERECIPES

TOFUTAEGUSALAD

INGREDIENTS:

Salad:

1 bunch watercress (cut into 1" pieces)

1 pkg bean sprouts

1 block tofu (drained & cut into cubes)

2-3 tomatoes (diced)

6 oz takuan (thinly sliced)

8 oz taegu cod fish (cut into 1" pieces)

2/3 c. green onions (chopped)

Dressing:

½ c. oil ½ c. shoyu 1 tsp mirin Dash of sugar 2 cloves garlic (minced)



DIRECTIONS:

- 1. Wash and cut all salad ingredients.
- 2. Layer ingredients into a serving dish in the order listed. Chill until ready to serve.
- 3. Combine dressing ingredients in a pot and bring to a boil. Cool thoroughly. Pour into a container and chill.
- 4. Serve salad with dressing and enjoy!